**SAULT AREA HIGH SCHOOL**

**AND**

**CAREER CENTER**

Monday, November 25, 2013

**GENERAL ANNOUNCEMENTS**

**PLEDGE**

**Thanksgiving Break:** We will be dismissing for Thanksgiving Break on Wednesday at 11:00. We will have 4th, 5th and 6th hours that morning. School will resume on Monday, December 2nd.

A group from Mrs. Menard's service learning class is going to have a TV set up in the lunchroom today and tomorrow with the game Mario Cart available to play. They are doing this to prevent distracted driving. Put down the phone, make it home.

**Northern Life Yoga**: is pleased to award scholarships for yoga classes to ten high school students. Scholarship recipients will enjoy all the benefits of yoga for 5 classes at NO COST. These scholarships are made possible by a generous donation from The Skip Palmer Foundation. Upon completion of five classes, scholarship recipients will be awarded an additional 5 classes, compliments of Northern Life Yoga. Classes take place at Northern Life Studio, 529 Court Street, just one block from the Bayliss Library. To apply for a yoga scholarship, please pick up an application in the athletic office and complete it by Tuesday, November 26th. All Students with an interest in yoga are encouraged to apply.

**Blood Drive:** Come help save a life on Friday, December 13th by donating blood! Sault High HOSA will be sponsoring an American Red Cross Blood Drive which will be held in the library. 16 year olds need to have a completed permission slip with parent signature before making the appointment. If you would like to make an appointment, you may go online to redcross.org or see Jessica Parmer or Mrs. Lehocky. On the day of donation, please bring your picture ID and eat a hearty meal beforehand.

**Library:** The library is closed today.

**Lunch:** Fajita Chicken, Shredded Cheese, Ultragrain Flour TortillaWhole Grain Pizza, Specialty Salad with Roll

**Sides:** Refried Beans, Romaine Lettuce, Fresh Baby Carrots, Salsa, Apple